

## Professional Development Situation: Coaching

### Skill Focus: Asking Purposeful Questions

Time Required: 30 minutes

# REFLECTING ON MY PRACTICE

Participants will watch the “When Youth Are Struggling” video-based learning module to learn to ask purposeful questions with youth.

## Agenda

See the Skill in Action—5 minutes

- [When Youth Are Struggling](#) video-based learning module

Setting Goals—10 minutes

- [SMART Goals Action Plan](#)

Observation—15 minutes

## Materials

- Computer with internet connection
- [When Youth Are Struggling](#) video-based learning module
- [SMART Goals Action Plan](#)
  - If conducting this session virtually, be sure the participant has access to these as well.

## Before the Session

- **Read this coaching guide** to become familiar with the content and allow time to personalize the activities to best suit your presentation style.
  - *Italics indicate text that can be read aloud or emailed to the participant.*
- Send an email to the participant being coached:
  - *Our coaching session is scheduled for DATE at TIME. We will focus on “Asking Purposeful Questions”. Please feel free to contact me with your questions or concerns at CONTACT INFORMATION.*
- Gather all materials needed for the coaching session.

- Watch the [When Youth Are Struggling](#) video-based learning module and note the questions that the facilitators use with youth.

## During the Session

### See the Skill in Action (10 min)

- The participant will see an expert in action as they help out youth who are struggling with a circuitry engineering task.
- Cue up the [When Youth Are Struggling](#) video-based learning module and scroll to the video in step 3.
- **Play the video** one time.
  - *What kinds of questioning strategies do you notice the facilitator using?*
- **Play the video** again and ask the participant to notice one question that seems effective.
- **Reflect** on what kinds of questions the facilitators asked.
  - *What kinds of questions do they use?*
  - *How do youth respond?*
  - *Can you identify one purposeful question you can use in your practice?*
  - *What kinds of reflection questions could youth respond to by writing?*

### Setting Goals (5 min)

- Make a SMART goal with the participant. Use the [SMART Goals Action Plan](#).
- Remember that SMART Goals should be:
  - Specific – It is clear what you are trying to accomplish (what do we care about?)
  - Measurable – You will know when you’ve accomplished your goal
  - Achievable – You can do this because the goal is not too big or too small
  - Relevant – The goal relates to this skill and what you do in your program
  - Timely – The goal can be accomplished this month
- Set up a time to observe the staff member trying out these questions.
  - *I would love to know how these go for you and your youth. Can I come observe how this SMART goal is going for you sometime in the next week?*

## After the Session

- Observe the staff member for 15 minutes. Provide them feedback and thank them for their hard work.
- Schedule another coaching or training session.

Want to Earn Credit? Click2Science has teamed up with Better Kid Care to provide continuing education units. Check it out at: <http://www.click2sciencepd.org/web-lessons/about>

# SMART Goals Action Plan

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

Concept/Problem Statement:

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Goal Statement:

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Specific: What specific action will you take?

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Measurable: How will you measure the results?

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Attainable: What will be different?

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Relevant: The goal relates to this skill and what you do in your program

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Timeframe: The goal can be accomplished this month

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